# FAST FACTS 2025

Pace envisions a world where all girls and young women are safe, have economic security and an opportunity to use their voice in shaping their future.

Pace Center for Girls provides a safe and supportive environment for girls to build healthy relationships, plan for their future and overcome histories of trauma. All girls, regardless of their background, deserve an opportunity to become strong, compassionate and successful women When properly supported, all girls have the power to achieve their vision of success, which leads to positive outcomes for themselves, their families and communities.

### **KEY METRICS 2024**

3,048 14 44% 56% GIRLS SERVED AVERAGE AGE MIDDLE SCHOOL HIGH SCHOOL





# IN HER WORDS

## **EVANI**

Pace helped me realize I can show the me behind the mask. At my public school, I felt like they only saw my mistakes but not the trauma that caused my behavior. They couldn't see me under the mask I hid behind. Girls face so much and aren't always allowed the space to talk about what they go through. I feel seen and heard. At Pace, girls know they can talk to their counselor about anything. Mental health truly matters. I know that I'm not alone. I am so grateful to the people at Pace I know I can trust to be there for me."





# Pace Center for Girls, Polk

Theresa Evans, Executive Director

# **Day Program**

Pace's Day Program provides year-round academics, counseling, life skills, and career preparation for middle and high school girls, with individualized plans tailored to each girl's strengths, experiences, and needs.

113 Girls Served FY2024

#### **ACADEMICS**



Before Pace, 9 in 10 girls were failing school six months prior to attending Pace.

#### PERSONAL GROWTH



Before Pace, 9 in 10 girls demonstrated behaviors related to juvenile delinquency.

#### **COMMUNITY ENGAGEMENT**



Before Pace, 8 in 10 girls were disengaged in school and community life.

## **Reach Program**

The Pace Reach Program offers social, emotional, and behavioral health support for girls ages 11-17 and their families. Reach therapists provide these therapy services at community locations, such as partnering schools, homes, and at Pace Centers.

120 Girls Served FY2024

#### **SOCIAL RELATIONSHIPS**



Before Pace, 6 in 10 girls were feeling sad or hopeless, including thoughts of self-harm.

#### COMMUNITY ENGAGEMENT



Before Pace, 7 in 10 girls were disengaged in school and community life.

# FROM OUR COMMUNITY//////

"As I think over my journey into womanhood.... I often say to myself, 'I wish I would have known what I know now, 20 years ago!' As I engage in the many mentor relationships I have with young girls, I make sure I share those moments that were life-changing for me. It is a reminder to be the woman that I needed when I was a young girl. This is what Pace Polk does daily in the lives of the young ladies they support."

- LaOuitta Ghent, Vice Board Chair



pacecenter.org