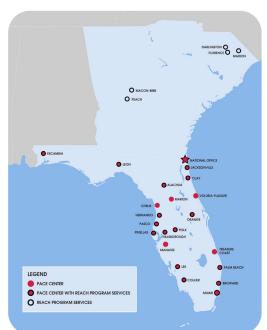


# FAST FACTS 2025

Pace envisions a world where all girls and young women are safe, have economic security and an opportunity to use their voice in shaping their future.

Pace Center for Girls provides a safe and supportive environment for girls to build healthy relationships, plan for their future and overcome histories of trauma. All girls, regardless of their background, deserve an opportunity to become strong, compassionate and successful women When properly supported, all girls have the power to achieve their vision of success, which leads to positive outcomes for themselves, their families and communities.



#### **KEY METRICS 2024**

3,048 14 GIRLS SERVED AVERAGE AGE MIDDLE SCHOOL HIGH SCHOOL

44%

56%





#### JANA

In October 2023, I took a brave step and 66 sought help at Pace Center for Girls, which I discovered at a health and wellness fair. My senior year, I struggled with conflicts at home and a desire for independence. My therapist and I started small, tracking habits like washing my face and cleaning my room. Over time, I added fitness, mental health activities, and journaling. Learning to manage my time around work and school was a game changer. Now, as a first year at Georgia Southern University, I'm proud of my progress and excited for what's next."



Sponsored in part by

In partnership with







### Pace Center for Girls, Georgia

Rebecca Richard, Reach Program Director

#### **Reach Program**

The Pace Reach Program offers social, emotional, and behavioral health support for girls ages 11-17 and their families. Reach therapists provide these therapy services at community locations, such as partnering schools, homes, and at Pace Centers.

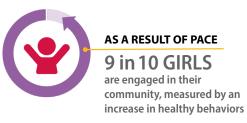
95 Girls Served FY2024

#### AS A RESULT OF PACE 9 in 10 GIRLS improved healthy social relationships with peers and family members

Before Pace, 3 in 10 girls were feeling sad or hopeless, including thoughts of self-harm.

SOCIAL RELATIONSHIPS

#### COMMUNITY ENGAGEMENT



Before Pace, 8 in 10 girls were disengaged in school and community life.



"Every girl deserves to be loved. A lot of us don't love ourselves and don't love what we see in the mirror, and I think that it's really important to know that we deserve to be loved and cared for." - Anaya

## FROM OUR COMMUNITY

"Our partnership with Pace Center for Girls gives our students a powerful and transformative experience. The participants in the program build beneficial relationships that enhance their growth from a personal and social-emotional perspective. As a result of this partnership, students gain more self-awareness and self-confidence. We are grateful for Pace and appreciate their efforts as we work to empower our students to learn, lead, innovate, and serve as caring and productive citizens within their chosen path of success."



pacecenter.org

- Tilnisha P. Rosser, Bibb County School District, Director of Student Support Services